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 Wednesday, December 7, 2016 metro.us | t: MetroNewYork | f: MetroNewYork



GIANTS NEED A QUICK FIX

Victor Cruz, offense must snap out of funk. 28

Tech giants aim to stop online terrorism. 2

Imogen Poots and her dark holiday movie. 23



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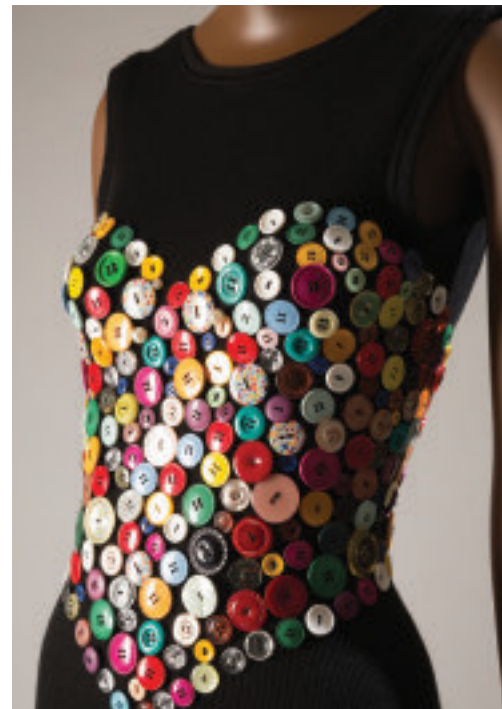


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Left to right: Harbison, Spring 2015, U.S.; Christie Brown, Spring 2016, Ghana; Patrick Kelly, Fall/Winter 1986-87, France **THE MUSEUM AT FIT**

EXHIBIT SHOWCASES BLACK DESIGNERS

Jackie Kennedy's wedding dress was made by a black designer and more revelations at the Fashion Institute of Technology's new exhibit. 24-25

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1. What would a recently proposed law by a state legislator require presidential candidates to do?
2. Where do the Giants land in this week's NFL Power Rankings?
3. Which TV show was "Frank & Lola" actress Imogen Poots on this year?

3 things you need to know

TIM COOK: APPLE WATCH SALES TO CONSUMERS SET RECORD IN HOLIDAY WEEK

Sales of the Apple Watch to consumers set a record during the first week of holiday shopping, and the current quarter is on track to be the best ever for the product, Apple Inc. Chief Executive Tim Cook told Reuters. Responding to an email from Reuters, Cook said the gadget's sell-through — a measure of how many units are sold to consumers, rather than simply stocked on retailers' shelves — reached a new high. Cook's comments followed a report on Monday from technology research firm IDC estimating that the tech giant sold 1.1 million units of the Apple Watch during the third quarter of 2016, down 71 percent from the year-ago quarter. The comments offer a glimpse of the gadget's performance during the holiday quarter, which is typically Apple's strongest. **REUTERS**



SENIOR DEMOCRAT: RELEASE OF CIA TORTURE DETAILS UNLIKELY

The Obama administration is unlikely to release a massive report on the CIA's use of waterboarding and other "enhanced interrogation techniques" widely considered torture, a top Democrat on the congressional intelligence committee said on Tuesday. Representative Adam Schiff told reporters it was more likely, before President Barack Obama leaves office next month, that the White House might take action so the report could be released someday via a Freedom of Information Act (FOIA) request. "The most that we might expect this administration to do... is to designate it as some kind of a record that would ultimately lead to its availability through FOIA, subject to redaction," Schiff said at a breakfast meeting with reporters sponsored by the Christian Science Monitor. **REUTERS**

SNUGGIE MAKER SUES AMAZON.COM

Makers of the Snuggie blanket and other products sold mainly on TV have sued Amazon.com Inc, accusing the internet retailer of trademark infringement for letting an "astronomical" number of counterfeit products to be sold through its website. The lawsuit was filed on Monday night by Allstar Marketing Group LLC, Ideavillage Products Corp and Ontel Products Corp, which respectively sell such products as the Snuggie, Copper Fit compression sleeves and Magic Tracks toy racetracks through so-called "As Seen on TV" advertising. It was filed three weeks after Seattle-based Amazon filed two of its own lawsuits in a Washington state court, targeting vendors it said were selling counterfeit goods on its website. Amazon spokesman Erik Fairleigh declined to comment on Tuesday, citing the pending litigation. **REUTERS**

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WEDNESDAY, DECEMBER 7, 2016

ISTOCK

Tech giants forge alliance to combat online terrorist content

Facebook, Microsoft, Twitter and Google-owned YouTube agree to share a database of terrorist content.

GARY KANE
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Facebook is forming an alliance with Microsoft, Twitter and Google-owned YouTube to combat the proliferation of terrorist content online, the company said in a news release.

The online corporate giants are creating a shared database of "hashes," unique digital fingerprints, for terrorist images and recruitment videos, including those that have been removed from their sites, according to Facebook.

"There is no place for

content that promotes terrorism on our hosted consumer services," the news release read.

Each company will independently decide what images and video hashes to submit to the shared database, Facebook officials said. The companies stress that they will remain committed to protecting the privacy of people who use their platforms.

"No personally identifiable information will be shared, and matching content will not be automatically removed," the Facebook release stated. "Each company will continue to apply its own policies and definitions of terrorist content when deciding whether to remove content when a match to a shared hash is found."

Each company will follow its own policies on transparency and

review for any government requests for information about posted content, the company stated.

In a related matter, Facebook faces a federal court date next month in Brooklyn pertaining to a class-action lawsuit filed by Shurat HaDin-The Israel Law Center. The lawsuit accuses Facebook of helping the terror group Hamas launch attacks in Israel.

Facebook has asked a judge to dismiss the lawsuit.

Nitsana Darshan-Leitner, founder of the law center, told Metro in an email that Facebook's announcement of the shared database is "a step in the right direction," but fails to compensate for the harm already done to victims of terrorism.

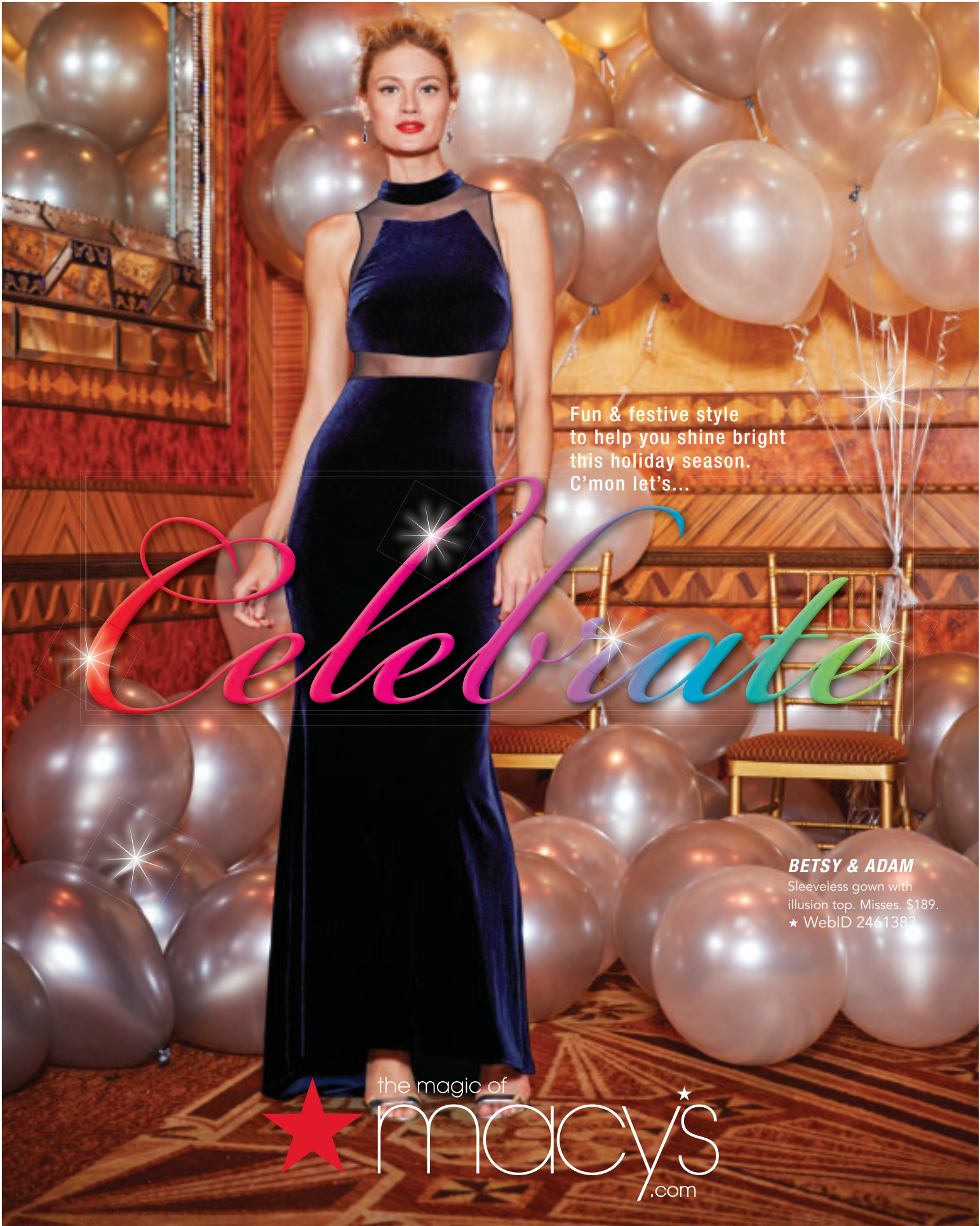
"Facebook should absolutely move forward

with this database to share digital markers and remove terrorist content, but it's no substitute for shutting down terrorists' social media accounts," she said. "Social media platforms should be denying services to terrorists — and should be held accountable for aiding, abetting and inciting terrorism."

On Monday the law center released a video on YouTube urging people to learn about its legal battle against Facebook.

Attorneys representing Facebook in the case didn't respond to a request for comment by press time.

In August, a California judge dismissed a lawsuit accusing Twitter of providing material support of ISIS. The suit was filed by the family of an American contractor killed during an ISIS attack in Jordan.



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Hapless robbery suspect leaves empty-handed from five different banks

The man spent Monday afternoon trying to steal money from five banks, after getting away with some cash days earlier from a midtown branch, the NYPD said.



ALEXI FRIEDMAN
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For one would-be bank robber, it was a long but very unsuccessful Monday afternoon in Manhattan.

Starting in midtown and ending on the Upper East Side, the same man tried to rob five banks, each time getting turned away by an employee, the NYPD said.

The suspect was caught on surveillance cameras at every stop, as he passed the teller a note demanding money, was refused then walked out empty-handed.

Police said the same man did make off with money from an Apple Bank on Dec. 1, at West 30th Street and Sixth Avenue. In that incident, he approached a teller around noon, passed a note and was handed an undetermined amount of cash, police said.

The suspect can be seen in at least one surveillance image wearing what appear to be Apple earphones and a dark jacket. He was described as 45 to 55 years old, bald with dark complexion, and was last seen wear-



New York police say this man tried to rob five different banks in the space of a several hours on Dec. 5, starting in midtown Manhattan and ending on the Upper East Side. Employees turned him away each time. **NYPD**

ing a red and white plaid shirt. No weapon was shown.

The bank robbery pattern is at least the fourth one the NYPD has tracked over the past several weeks, involving different suspects who attempt to rob multiple branches throughout the city. The assailants follow the same routine. In each case they walk into a bank, approach a teller and pass a note seeking money. They

usually walk away if refused, although one man lunged over a counter at a Capital One bank on West 55th Street on Nov. 28, stealing a cash box containing more than \$1,800, police said. He is still being sought.

On Monday, one particular suspect was nothing if not determined.

Days after the theft at Apple Bank, police said the same man tried his luck at the five different banks, from midtown to

the Upper East Side. He started at 1:45 p.m., when he entered Valley National Bank at 30th Street and Fifth Avenue.

When the teller refused, he moved on, entering a Capital One branch at East 57th Street and Park Avenue around 2 p.m. Turned away there, he walked downtown to the HSBC on 40th Street and Park Avenue, where he again left empty-handed about a half-hour later.

Next, he headed back

uptown, stepping into a Chase bank on 72nd Street and Lexington Avenue at about 3:20 p.m., police said. The teller refused to give him any money, so he walked away.

His final stop was another Chase bank, this one on 86th Street and Second Avenue. At 4:45 p.m., the man walked into the branch, demanded money and was turned away.

Five banks and three

hours after he began, the suspect had made off with exactly zero dollars.

Anyone with information should call the NYPD's Crime Stoppers Hotline at 800-577-TIPS or for Spanish 888-577-4782. The public can also submit their tips by logging onto the Crime Stoppers website at NYPDcrimestoppers.com or texting their tips to 274637 and then entering TIP577.

Police: Third arrest made in case of body found in buried suitcase

A third man was arrested Tuesday in connection with the stabbing death of a 26-year-old Connecticut man whose body was found in a suitcase in New Jersey last month.

Max Gemma, 29, turned himself in to police and now faces charges of hindering prosecution and tam-

pering with physical evidence, according to authorities.

James Rackover, surrogate son of jeweler-to-the-stars Jeffrey Rackover, and Lawrence Dilione were indicted in November, but neither have been charged with murder as police investigate their

roles in the brutal killing of Joseph Comunale. Authorities said the murder took place in Rackover's Midtown luxury apartment in the Grand Sutton tower on East 59th Street near First Avenue.

Gemma's involvement in the crime was still not clear. He is a resident of Oceanport, New

Jersey, where the body of Comunale was found in a suitcase and buried in a shallow grave.

Gemma's bail was set at \$100,000 cash or \$200,000 bond and his next court date is Jan. 17, according to the Manhattan District Attorney's Office.

KIMBERLY M. AQUILINA



Joe Comunale was 26 at the time of his murder. JOE.COMUNALE/FACEBOOK

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NY state bill would require presidential candidates to disclose their taxes

State Sen. Brad Hoylman's "TRUMP Act" would force disclosure of five years of tax returns for a spot on the state ballot.

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As the reality of a Donald Trump presidency sinks in, one Democratic state senator from Manhattan is already making plans that would hinder the billionaire businessman's possible 2020 re-election bid.

State Sen. Brad Hoylman has drafted a bill that would force future presidential candidates, Trump included, to release five years of tax returns if they want their

names on the New York state ballot.

The bill, called the Tax Returns Uniformly Made Public Act — or TRUMP Act, if you will — would require a candidate to submit the tax returns the state Board of Elections at least 50 days before the general election.

The Board of Elections would redact personal information before making the documents public. If candidates do not comply, the law would prohibit the state's electors from voting for that candidate and the candidate's name would not appear on the New York state ballot.

Trump has not released his tax returns, and Hoylman told BuzzFeed News it is important that presidential candidates make finan-



President-elect Donald Trump **FUCKR**

cial disclosures so the public can accurately assess any conflict of interest.

"I think this is model legislation for legislatures across the country," Hoylman told BuzzFeed.

Presidential candidates on both sides of the aisle, including Jeb Bush and Hillary Clinton from the latest race, have a long history of sharing their tax returns. Trump faced criticism throughout the campaign for refusing to do so.

Tax information

from 1995 obtained by The New York Times and published in October suggested Trump declared \$916 million in losses, potentially allowing him to legally not pay taxes for years.

"If we've learned anything from this last election cycle, it's that the political norms we take for granted in America can be shattered in an instant if they aren't enshrined in law," according to a document obtained by BuzzFeed that included the legislation's "talking points."

Man in selfie with mom's dismembered head gets maximum sentence

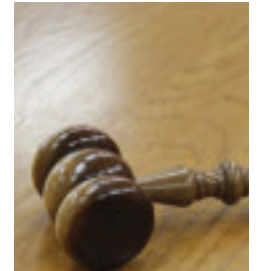
A man who killed his mother and took a selfie with her severed head received the maximum sentence for her murder.

Bahsid McLean, 26, was sentenced to 25 years to life in prison Monday for killing his mother, Tanya Byrd, in their apartment on Feb. 25, 2013.

McLean took a selfie with his 52-year-old mother's decapitated head before disposing of her body parts around their Morrisania neighborhood, according to court testimony.

"This is a man who just committed one of the most callous homicides I've ever been a part of in my career," said Bronx prosecutor Aaron Kaplan.

McLean's lawyer, Lynn Calvacca, said incarcerating her client in state prison "in no way has the ability to help" him because he



ISTOCK

suffers from schizophrenia and a bipolar and personality disorder.

The sentence was handed down after McLean's sister, aunt and grandfather made statements to the court and McLean issued an apology.

"What I did to my mother was uncalled for," McLean said. "I live with that. Whatever sentence y'all give me doesn't matter — it was something that happened. I did it."

NIKKI M. MASALI

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Sidewalk scaffolding put on notice

A bill introduced in City Council on Tuesday gives a timeline for when scaffolding has to come down or the building owner has to pay up.



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Scaffolding and green makeshift “sidewalk sheds” seem to be everywhere in New York, and in some places, around forever. A Manhattan city council member is pushing a bill that would limit the amount of time a scaffold can be in place.

Council Member Ben Kallos introduced legislation Tuesday that would give building owners up

to six months to finish repairs and take scaffolding down. If there is no construction done in a week, the bill would also require the scaffolding to be taken down.

“Sidewalk sheds are like the once welcomed house guest that never leaves,” Kallos said. “While we need them for safety during construction, that construction must happen immediately, and then it is time for that sidewalk shed to come down. It’s time to change the city landscape by removing the swarm of sidewalk sheds that blight our neighborhoods.”

The bill would set a 90-day deadline for building owners to fix a dangerous condition, according to Kallos’ office. Another 90 days could be requested if an extension is required.

After the deadline, the



GETTY IMAGES

city would finish the construction work or repairs and the building owner would have to foot the bill.

If the bill passes, the scaffolding would have to be removed if construction is halted for seven days or more.

Joseph Soldevere, a spokesman for the Buildings Department, called Kallo’s proposal “well intentioned,” but told The New York Times that the problem is “tough.”

Frank Ricci, the director of governmental affairs for the Rent Stabilization Association, seemed to echo that sentiment.

NYC politician sees mayoral bid as ‘reality’

If a reality TV star can get elected to the highest office in the land, why can’t a politician become a reality star?

City Council Member Eric Ulrich, a Queens Republican, who has not declared he is running for mayor but has held fundraisers, could be the next reality TV celebrity. The city’s Conflicts of Interest Board gave the 31-year-old Queens native the go-ahead to appear in a reality show even if he decides to challenge Democratic Mayor Bill de Blasio for his seat in City Hall.

Ulrich said the camera crew will have as much access as possible and he plans to hold nothing back.

“It’s not going to be a boring show,” he told The New York Times. “I think it’s going to be a very funny show.”

Ulrich said he was approached by Brad Trackman and Johnny Russo, two freelance produc-



Eric Ulrich @ERIC_ULRICH/TWITTER

ers. Left/Right, the New York-based production company behind Showtime’s “The Circus” and VH1’s “Mob Wives,” will partner with Trackman and Russo, The Times reported.

“This is the first step,” Kevin Tschirhart, a spokesman for Ulrich, told Gothamist. “In the next couple of weeks they are going to start filming him in his office, out in the district, possibly at home, and possibly at City Hall.”

An expanded version of this story can be seen at metro.us

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Repealing Obamacare to be first on Senate agenda in 2017

Democrats scoffed at the Republican plans, saying they do not even know what they want to replace Obamacare with.

Repealing Obamacare will be the first order of business in the U.S. Senate in January, Senate Majority Leader Mitch McConnell, a Republican, said on Tuesday.

Republicans will replace President Barack Obama's signature health insurance program that provides coverage to millions of Americans "step by step," said Senator John Thune, another member of the Republican leadership.

McConnell did not say when the repeal of the Affordable Care Act, as it is officially known,

would go into effect. Sen. John Barrasso said it might be effective in two or three years, and that the timeframe was still being debated.

"Bring it on," said Sen. Chuck Schumer, who will be the Democrats' leader in the Senate next year.

Donald Trump's election as U.S. president last month means Republicans will control the White House, Senate and House of Representatives in 2017. The new Congress opens on Jan. 3; Trump will be sworn in on Jan. 20.

The Affordable Care Act has provided 25 million previously uninsured Americans with health coverage by expanding Medicaid and through online exchanges where consumers can receive income-based subsidies. Republicans



Senate Majority Leader Mitch McConnell GETTY IMAGES

have launched repeated legal and legislative efforts to dismantle the law, which they call a government overreach.

The average Obamacare premium is set to rise 25 percent in 2017.

Large national insurers including Aetna Inc., UnitedHealth Group Inc. and Anthem Inc.

have said they are losing money on the exchanges because patient costs are higher than anticipated and enrollment is lower than forecast. Both UnitedHealth and Aetna have pulled out of the exchanges for 2017.

To repeal Obamacare, congressional Republicans are expected to

resort to a special procedure known as budget reconciliation to get around Democrats in the Senate, where rules protect the rights of the minority party.

Thune said Republicans hoped Democrats would work with them to replace Obamacare in a way that will give states, rather than the federal government, more control over health care issues and create more flexibility for small businesses in the way they offer health care benefits.

But Sen. Harry Reid, the outgoing Senate Democratic leader, dismissed the idea that Democrats would join in. "I think that any hope that we're going to buy into ruining health care in America, there's not a chance of it," he said. **REUTERS**

BRIEF

Spokesman: Trump sold all his shares in companies in June

President-elect Donald Trump sold all of his shares in companies in June, aides said on Tuesday, a move that likely raised substantial cash ahead of the presidential election and could now ease some concerns about potential conflicts of interest.

Trump's stock portfolio included shares of companies including Apple Inc., Microsoft Corp., JPMorgan Chase & Co. and a host of others, according to a financial disclosure form filed in May.

Trump spokesman Jason Miller said in an email that Trump sold all of his shares, but he did not respond to questions about what Trump did with the sales proceeds or whether he withdrew from any other investments at the same time.

The Republican's transition team did not provide documentation of the sales. Trump will not have to file a new financial disclosure form until May 2018, according to the U.S. Office of Government Ethics. Presidents typically provide some such information voluntarily during their first year in office.

REUTERS

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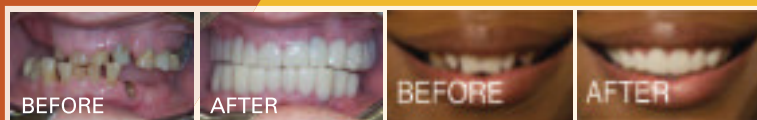
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By *NY Pain MD*

NY Pain MD is a medical clinic with locations in Midtown NYC and Uptown NYC that has treated thousands of knee arthritis and joint pain patients.

Here is what every knee arthritis sufferer should know about the best treatments and options available today. Including when and why you should consider each of these 2 treatment approaches to get maximum results.

If you suffer with knee or other joint arthritis pain, you have probably already tried many treatments ... especially countless pain medications. Experienced doctors understand that, even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for knee arthritis pain... they are rarely the answer over the longer term.

In most cases they have minimal results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

Are There Any Better Options?

Thankfully, advancements in science and technology come extremely fast. And now there are two very good options for knee arthritis to help relieve the pain.

Two options that a lot of knee arthritis sufferers have never heard of.

Before we get into the two treatments, please understand this...

NY Pain MD is a well established medical clinic that has treated thousands of knee arthritis sufferers and joint and back pain sufferers. Patients travel from all over the area and even several states away from NYC to be treated at one of their clinics because they want the best medical treatments available. What you are about to discover are two REAL medical treatments. Not miracle cures you see on infomercials or non-medical treatments promoted on the internet.

Know this fact: There is no cure for arthritis. But there are these two treatments that have already helped thousands of knee arthritis sufferers - possibly just like you.

The first treatment is more common than the second. Even if you have heard of this treatment - or even tried it without good results - please read this. You will find out why it may not have worked for you and how you may be able to get much better results.

#1

Viscosupplementation

Viscosupplementation has gained quite a bit of popularity in recent years and it has gotten mixed results for a couple of reasons.

But before we get into that, here's what you need to know about viscosupplementation.

When you have arthritis, you suffer a decrease in the lubrication fluids in your knees.

In other words, your knee joints basically "dries up."

The lubricating fluid that decreases is called "synovial fluid." pharmaceutical companies (with the help of doctors) can now make *natural* synovial fluid gel-like compounds that, during viscosupplementation treatments. Doctors can precisely introduce directly into the knee and other joints.

This helps replace the lubricating fluid to the knee joint - allowing it to move more freely and smoothly and often decreasing or even eliminating the pain.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

But There Is A BIG Problem

The key is the treatment must be EXTREMELY PRECISE. If the procedure is slightly off, the medication will not get into the knee joint and the treatment will not work.

That's why the experts at *NY Pain MD* use Precision Arthritis Targeting Technology so they can actually see the lubricant going directly into the knee joint during the treatment.

Research shows that doctors performing joint injections without this technology can miss the joint as much as 30% of the time.

If you have tried viscosupplementation without this imaging technology without good results - this may be why.

That's why *NY Pain MD* takes it even one step further. They do not just use one step process of advanced imaging during treatment - they use two in their "double confirmation" process. This is to ensure patients get the best possible results.

Another Important Factor

Viscosupplementation medications also come in several different "brands" and chemical make-ups. Just like all medications, some people respond better to one than another. So, the experts at *NY Pain MD* use several and great effort is taken to figure out what is the best one for YOU.

One last thing: The experts at *NY Pain MD* have found that earlier you start viscosupplementation the better.

This is most likely because the longer you wait - the more joint destruction takes place.

That's why *NY Pain MD* is now seeing so many patients as young as 35 to 40.

Summary: If you have knee arthritis pain and have not tried. Viscosupplementation you should look into it as soon as possible.

If you have tried it without good results, you may still be able to get great results with the proper imaging and specific medication.

What Should You Do If Viscosupplementation Fails?

When conservative treatment, including viscosupplementation fails ... most knee arthritis sufferers believe their only option is total knee replacement surgery.

This is not true...and here is why

There is another treatment for serious knee arthritis pain most people (and even doctors) do not know about.

#2: Radiofrequency Treatment

This treatment is technically called, "Radiofrequency Neurotomy." Or RF for short.

RF is a procedure that is based the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

Knee Arthritis Sufferers Successful Treatments?

Needs To Know - Before Or After Knee Replacement Surgery

Several branches of nerves that surround the knee are known as "genicular nerves."

Radiofrequency waves are delivered to the genicular nerves under advanced imaging to "block" the nerve from transmitting pain signals.

There are two distinct parts to this treatment. First, a test, diagnostic "G Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, then one to two weeks later, Radio Frequency waves are applied for term relief.

Is It Safe?

Research has shown this to provided significant relief for some patients. to procedure to be safe and effective.

One study published November 4, 2010 in the journal *Pain* found that RF treated subjects on average "achieved at least 50% knee pain relief at 1,4 and 12 weeks, respectively. No patient reported a post procedure adverse event during the follow-up period.

Some studies indicate some patients may get years of relief in some cases. "RF neurotomy (radio frequency treatment) of genicular nerves leads to

significant pain reduction and functional improvement in a subset of elderly chronic knee osteoarthritis pain, and thus may be an effective treatment in such cases."

It should also be mentioned that, like all procedures, results will vary patient to patient

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and viscosupplementation do not offer good enough results.

RF can be utilized before resorting to total knee replacement. RF allows many patients to avoid knee replacement surgery.

RF has also been found effective AFTER knee replacement surgery when the patient still feels pain.

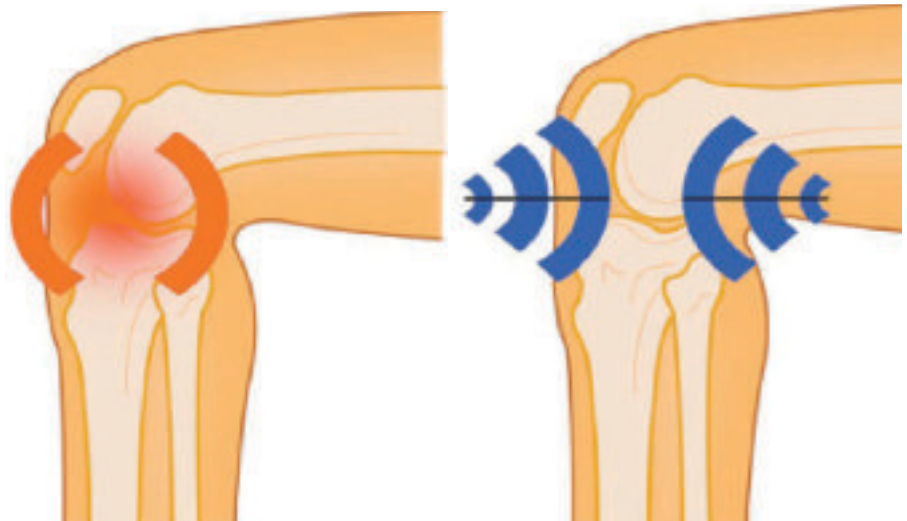
The pain after a failed knee replacement surgery can be debilitating and this procedure can be the only thing that helps and give you relief.

What To Do Next If You Are In Pain

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof.

Advanced Treatment Uses Medical Radio Frequencies Waves To Relieve Pain



Science rescues knee arthritis sufferers?: Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many. Many patients still in pain after a knee replacement may respond very well to these treatments allowing the possibility of avoiding additional surgery.

This way, the doctors working on your case can give you a proper examination and advise the best possible treatment plan for your individual case.

Several experts work as a team to offer you the best treatment options at the appropriate time to maximize results. It is also very convenient to have all your doctors and treatments in one place. Traveling to different offices can be time consuming and even more expensive.

NY Pain MD believes this "X" factor is one of the reasons so many knee arthritis sufferers travel from all over to be treated at their advanced medical clinics.

NY Pain MD offers a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at **NY Pain MD**

If you would like a complimentary screening, just call 855-456-PAIN [7246] and tell the scheduling coordinator "I would like a complimentary knee arthritis screening." The screenings fill up fast every month. If you do not call in time to get one this month, the scheduling coordinators will get you appointed for next month

This screening is no cost and no obligation. Many of the treatments offered are covered by many insurance plans and Medicare

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The link between sugar consumption and increased body fat has long been known. Too much sugar in the diet promotes more insulin, the fat storing hormone, and thus more body fat.

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Recently an Italian study of a sugar-blocking supplement showed significant weight loss results.¹ The supplement, called Zuccarin™, produced on average 20 pounds of weight loss, in the 90 day study.



The subjects lost 10% of their body weight and lost 3 times the weight of the control group, who were also on a 1300 calorie controlled diet, but not taking the Zuccarin supplement. In addition, the subjects also experienced healthier blood sugar levels after using Zuccarin.

The explanation for the weight loss is that Zuccarin uses mulberry leaf extract and chromium to promote healthy blood sugar levels. Mulberry leaf has shown to reduce the absorption of sugars in the foods we eat. When these sugars are undigested, our blood sugar stabilizes and, according to experts, weight loss can occur.

1- "White Mulberry Supplement as Adjuvant Treatment of Obesity", Journal of Biological Regulators and Homeostatics Agents., Vol 28, no.1, 2014.

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Donate to Metro's toy drive

In keeping with the holiday spirit of giving, Metro is once again launching Metro Magic, our annual toy drive for underprivileged children in New York, Boston and Philadelphia.

This year marks the seventh anniversary of the toy drive, which was renamed in memory of the man who oversaw the project for more than four years, Tony Metcalf, Metro's longest-running editor in chief. Mr. Metcalf passed away in 2013 from colon cancer at the age of 50.

Mr. Metcalf lit up every year as he saw the faces of children unwrap their holiday gifts. It is our goal to keep that magic alive.

"Tony felt we should use the size and scale of Metro to help other's and he used enormous dedication and force to execute the project and every year make

children in need a little happier during the holiday season," said Metro's Chief Executive Officer Yggers Mortensen.

"I am proud to continue this project in honor of Tony and I hope all our readers, suppliers and members of the Metro team will help to make this yet another great Metro Magic year."

Metro has created a wish list at the Target website that readers can access by going to Metro.us and clicking on the Tony's Metro Magic story on the homepage.

From there, just choose the toys you wish to donate, pay online using Target's secure payment system, and your gifts, along

with your name attached, will be delivered to Metro's offices in each city.

This season, we hope you will remember the children who will spend the holidays in shelters or who may not have gifts to open. Even one small gift can make a big difference in a child's holiday season.

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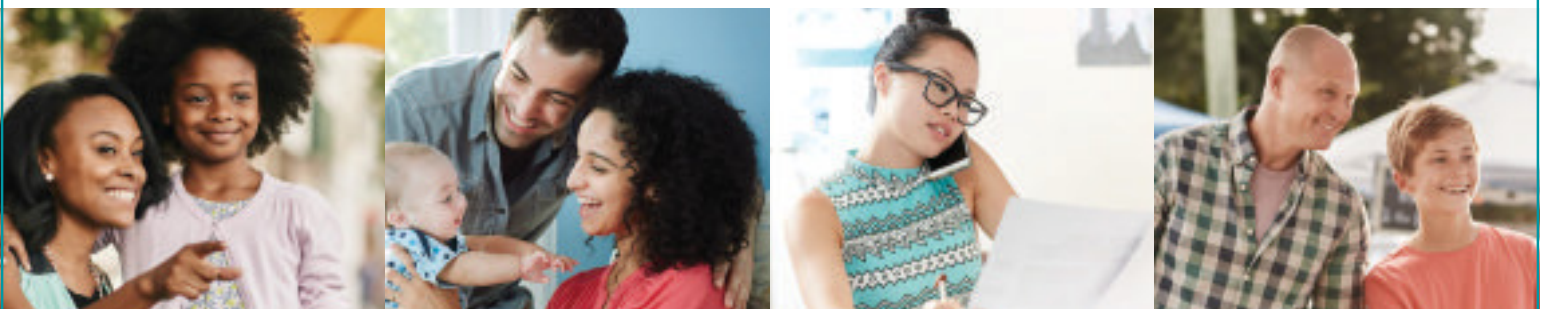
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With Dakota Access in limbo, more Bakken crude to move on trains

The Dakota Access Pipeline was slated to run from western North Dakota to Illinois, and has been the subject of protests for months.

As oil prices recover and U.S. shale production picks up, energy companies that had planned to ship crude on the Dakota Access Pipeline will turn to rail, a transport method that poses its own risks to the environment and local communities.

Sunday's decision by U.S. Army Corps of Engineers to deny Energy Transfer Partners an ease-



A continental oil boom and lack of pipeline infrastructure have forced unprecedented amounts of oil onto U.S. railroads. GETTY IMAGES

ment to complete the line means shippers who expected to see another 570,000 barrels of daily Bakken pipeline capacity in 2017 will have to find new ways to move supply.

Rail comprises nearly 65 percent of total crude export capacity in the Bakken, but is currently underutilized because it is more costly and less efficient. In September, only 29 percent of total Bakken oil production moved by rail, according to the latest figures from the North Dakota Pipeline Authority.

"Once the pipes are full, that means more trains. And without DAPL, the pipes get full sooner than they otherwise would have," said Rick Smead, managing director of advisory services for RBN Energy, noting that this scenario is contingent on a big rise in production.

A rise in incidents during the shale boom, and high-profile accidents, such as the explosion in 2013 that killed 47 people in Lac-Mégantic, Quebec, has drawn increased scrutiny to the rail industry, prompting the U.S. government to enact more stringent regulations for rail movements.

Overall, oil spills more frequently with pipelines than rail cars, according to data from the Pipeline and Hazardous Materials Administration (PHMSA). For example, in 2015, there were 252 pipeline spills reported to PHMSA involving crude oil, versus 123 for the rail industry. The

year prior, the frequency of spills at pipes was about 23 percent greater than rail, the data shows.

Incidents involving crude-by-rail peaked in 2014, at nearly 190, versus just one accident in 2006, the data shows.

The rise in accidents followed a surge in volumes moving by rail each day, which hit a high of 29.2 million barrels per month in October 2014. As of September 2016, that had declined to about 10.5 million barrels monthly, according to data from the EIA, as new pipelines displaced rail and production has declined.

With lower volumes, train accidents involving crude are down significantly, with only nine reported this year, according to PHMSA data.

But that could change.

"There are increased chances of accidents, leaks and greenhouse gas incidents when transporting by rail," said Afolabi Ogunnaike, a senior analyst at consultancy Wood Mackenzie. REUTERS

"There are increased chances of accidents, leaks and greenhouse gas incidents when transporting by rail."

Ogunnaike

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Bahamian man gets five years in US prison for hacking celebrities

A Bahamian man was sentenced to five years in U.S. prison on Tuesday for hacking into celebrities' email accounts to steal unreleased film and television scripts, personal information and sexually explicit videos in order to sell them.

Alonzo Knowles, who maintained a list of 130 celebrities' emails and phone numbers, was sentenced by U.S. District Judge Paul Engelmayer in Manhattan. He pleaded guilty in May to charges of criminal copyright infringement and identity theft.

"You have some obvious facility for computers," Engelmayer said. "But you chose to use your gifts for dark and nefarious ends."

Prosecutors said Knowles, of Freeport, Bahamas, accessed the accounts of actresses, musicians and others by sending their computers a virus or by emailing a fake notification that their account had been hacked and asking for

"You have some obvious facility for computers ... But you chose to use your gifts for dark and nefarious ends."

Engelmayer

their passwords.

Knowles stole at least 25 unreleased movie and television scripts, as well as music, financial documents and nude and intimate images and videos, prosecutors said.

The identities of most of the celebrities who were victimized have not been revealed. But one was Naturi Naughton, who stars in the Starz network series "Power" and who in a video submission to the court said she felt "violated."

Among the scripts Knowles stole was one

for "All Eyez On Me," an upcoming biopic of Tupac Shakur, who died in a 1996 shooting, the film's production company has said. He also stole scripts for two 21st Century Fox Inc. properties.

The investigation began last December after a radio host received an unsolicited offer from someone for scripts of a TV drama's upcoming season, prompting him to contact the show's executive producer, prosecutors said.

The investigation led to Knowles, who in video conference calls told an undercover Department of Homeland Security agent he had "exclusive content" worth "hundreds of thousands of dollars," prosecutors said.

Knowles was arrested on Dec. 21, 2015, after flying to New York to try to sell the agent numerous scripts and several individuals' personal information for \$80,000, prosecutors said. **REUTERS**

P.A.D. Raises Your Risk of Heart Attack and Stroke

People over age of 50 that have a history of diabetes or smoking and other peripheral artery disease risk factors, such as obesity or high blood pressure, have a greater risk of having PAD.

Do You Have PAD?

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- ☒ Leg numbness or weakness
- ☒ Non-healing sores on your toes, feet or legs
- ☒ Coldness in your lower leg or foot
- ☒ Slower growth of your toenails
- ☒ Shiny Skin on your legs
- ☒ No pulse or a weak pulse in your legs or feet
- ☒ Erectile dysfunction in men

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Swimming Santa



A diver dressed as a Santa Claus swims with fish at the Sunshine Aquarium in Tokyo. The aquarium is holding the Christmas show twice daily until Dec. 25 to attract visitors. **GETTY IMAGES**

Trump on Boeing's Air Force One contract: tweets 'Cancel order!'

Trump's broadside against Boeing comes as Washington's business lobbyists are bracing for a wild ride.

President-elect Donald Trump urged the government on Tuesday to cancel an order with Boeing Co. for a revamped Air Force One — one of the most prominent symbols of the presidency — saying costs were out of control.

It was the latest example of Trump using his podium, often via brief Twitter messages, to rattle companies and foreign countries as he seeks to shake up business as usual in Washington. Trump, who takes office on Jan. 20, took aim at what he called cost overruns even though the plane is only in development stages.

"Boeing is building a brand new 747 Air Force One for future presidents, but costs are out of control, more than \$4 billion. Cancel order!" Trump said on Twitter. It was not immediately clear what prompted the timing of his complaint.

Trump, who has vowed to use his skills as a businessman to make good deals that benefit American taxpayers, then made a surprise appearance in the lobby of Trump Tower in New



Air Force One, a heavily modified Boeing 747, is seen prior to President Barack Obama departure from Andrews Air Force Base in Maryland. GETTY IMAGES

"The plane is totally out of control. I think it's ridiculous. I think Boeing is doing a little bit of a number. We want Boeing to make a lot of money but not that much money."

Trump told reporters

York, where he amplified his comments.

"The plane is totally out of control. I think it's ridiculous. I think Boeing is doing a little bit of a number. We want Boeing to make a lot of money but not that much money," he told reporters.

Boeing, which has built planes for presidents since 1943, has not yet begun building the two replacements for the current Air Force One planes, which are scheduled to be in service by 2024.

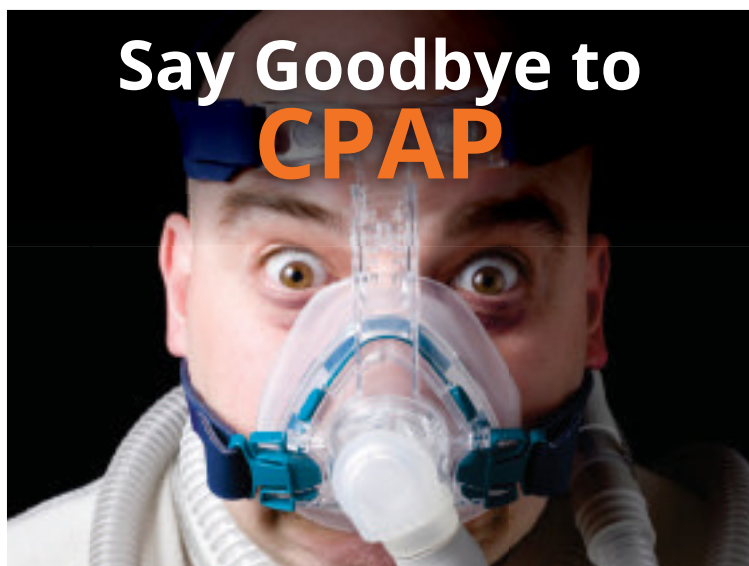
Boeing has not yet

been awarded the money to build the proposed replacements.

"We are currently under contract for \$170 million to help determine the capabilities of these complex military aircraft that serve the unique requirements of the President of the United States," the company said in a statement.

President Barack Obama, who was flying on the aging Air Force One to Tampa, Florida, on Tuesday, has called the plane one of the best perks of the presidency.

REUTERS



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Top court backs Samsung in fight with Apple

Design patent fights very rarely reach the Supreme Court. It had not heard such a case in more than 120 years.

The Supreme Court on Tuesday sided with Samsung in its big-money smartphone patent fight

with Apple, throwing out an appeals court ruling that the South Korean company had to pay a \$399 million penalty to its American rival for copying key iPhone designs.

The 8-0 ruling, written by Justice Sonia Sotomayor, held that a patent violator does not always have to fork over

its entire profits from the sales of products using stolen designs, if the designs covered only certain components and not the whole thing.

The justices sent the case back to the U.S. Court of Appeals for the Federal Circuit in Washington to determine how much Samsung must pay. But they

did not provide a road map to juries and lower courts on how to navigate similar disputes in the future.

Following a 2012 jury verdict favoring Apple, Samsung initially was hit with nearly \$930 million in penalties, later cut by \$382 million, for infringing Apple's iPhone patents and



Samsung argued that it should not have had to turn over all its profits, saying that design elements contributed only marginally to a complex product with thousands of patented features. GETTY IMAGES

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mimicking its distinctive appearance in making the Galaxy and other competing devices.

Samsung in December 2015 paid its Cupertino, California-based rival \$548 million. But Samsung took the matter to the Supreme Court, saying it should not have had to make \$399 million of that payout for copying the patented designs of the iPhone's rounded-corner front face, bezel and colorful grid of icons that represent programs and applications.

With the products that used iPhone designs, Samsung went on to become the world's top smartphone maker.

Tuesday's ruling followed a ferocious legal battle between the world's top two smartphone manufacturers that began in 2011 when Apple sued Samsung for patent and trademark infringement. It was one of the most closely watched patent cases to come before the top U.S. court in recent years.

The legal dispute centered on whether the term "article of manufacture," on which design patent damages are calculated in U.S. patent

law, should be interpreted as a finished product in its entirety, or merely a component in a complex product.

In court papers, Samsung, Apple and the government all agreed that the term could mean a component.

But Apple urged the Supreme Court to affirm the appeals court's ruling because Samsung presented no evidence that the article of manufacture in this case was anything less than its entire smartphone as sold. Samsung, meanwhile, said that it did not have to present such evidence.

Sotomayor, writing for the unanimous court, said that the law is clear. The term "article of manufacture" is broad enough to encompass both a product sold to a consumer as well as a component of that product," she wrote.

The justices nevertheless refused to devise a test for juries and lower courts to use to discern what a relevant article of manufacture is in a particular case, a task that could be fraught with difficulty when considering high-tech products.

REUTERS

"No doubt whether with Apple-Samsung, or some other design patent case, we are going to have a period of uncertainty where courts will be trying to formulate a test and what the boundaries are."

Richard McKenna, an expert in design rights at the law firm Foley & Lardner in Milwaukee

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Even Andy Cohen wants to hook up with Justin Bieber

Andy Cohen, the Headmaster of Messy, was the guest on Tuesday's "Allegedly" podcast hosted by Matt and Theo Weiss. TMZ reports that the host of "Watch What Happens Live" didn't hold anything back when presented with hypothetical celebrity sex situations.

When asked if he'd "hook up" with Justin Bieber, who is a mere

26 years his junior, Andy said, "Of course. Why wouldn't I?" But a threesome with Kim Kardashian and Kanye West is completely off the table. "I lost my boner," he confessed. And on the topic of sex with Kardashians, a proper game of Marry, F—k, Kill was in order. Here is Andy's list: Kill: Kourtney. Marry: Khloe. F—k: Kim.

We, however, cannot confirm if any of the aforementioned celebrities would sleep with Andy.

the word

SESALI BOWEN
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Sorry Adele, Beyonce definitely deserves the Album of the Year Grammy

The 2017 Grammys may have already divided the country more than last month's presidential election. Adele and Beyonce are going head-to-head for



the coveted Album of the Year award and the stakes are high!

Make no mistake: Bey's "Lemonade" and Adele's "25" are both masterful works of art. However, Beyonce

slayed at least four different musical genres in a single album. Country: check. Rock: check. Pop: check. R&B: check. The production, lyrical content and vocal range on "Lemonade" are all on point — and don't get me started on the visuals. Adele, we love you girl, but that award belongs to Bey.

Nicki Minaj slammed for allegedly mocking mentally ill woman

Nicki Minaj is receiving backlash from Barbz and foes alike for an Instagram video she posted Monday. In the



video, an unidentified woman is yelling unintelligibly at a chuckling Nicki who tries to engage her in conversation. You can hear the woman telling the "Side by Side" rapper to "go away," while 33-year-old laughs and asks: "What did I do?"

Many commenters found the video to be evidence of the rapstress bullying and mocking a mentally ill woman. The National Alliance on Mental Illness (NAMI) released a statement to TMZ condemning the rapper for invading the woman's privacy.

However, Nicki never says anything disrespectful or rude to the woman. And it's also possible that Nicki doesn't just go around assuming people have a mental illness. But to NAMI's point about privacy, it's right. As someone who is constantly at the mercy of strangers' cameras, Nicki should know better.

Madonna vogues but does not twerk in upcoming Carpool Karaoke

The trailer for Wednesday's Carpool Karaoke segment on "The Late Late Show With James Corden" was just released, and James has one of the biggest names in music riding shotgun: Madonna. The 58-year-old hints at what happened during her nightcaps with Michael Jackson. She also vogues to her song by the same title and does another dance that E! News calls twerking. We know better. All

butt dances are not created equal. Think of it this way: Anyone can put some paint on a canvas, but it doesn't make them an artist. Whatever Madonna did in Corden's

passenger seat was cute, but to call it twerking is quite the stretch.

Amber Rose and Blac Chyna in an Uber on the way to VMA's ... now THAT'S twerking.





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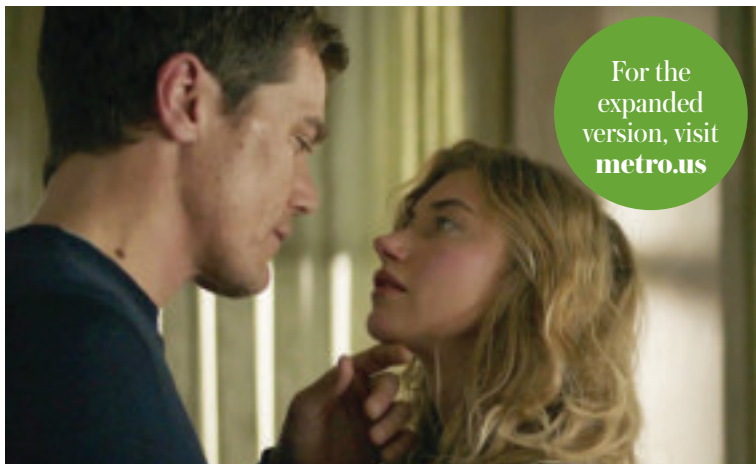
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In "Frank & Lola," on VOD Friday, Michael Shannon and Imogen Poots play a new couple who might not last.
PALADIN; PHOTO ON RIGHT: GETTY IMAGES

Imogen Poots: Love and sanity don't mix

The actress talks "Frank & Lola," a neo-noir about a couple that won't last.



MATT PRIGGE
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Imogen Poots thinks we need distractions right now, in this particular national climate. Her new film might be a bit intense, though. In "Frank & Lola," the English actress — 27, and recently of "Green Room," and the Cameron Crowe show "Roadies" — plays a mysterious woman who falls for a chef (Michael Shannon). But when he learns about her shady past, he becomes a bit too obsessed. What results is a bit of a neo-noir, but plays more like a romantic drama.

How would you describe "Frank & Lola"?

I think of it as a romantic tragedy. There's something really tragic about a couple setting out to do their best, and it just doesn't work out. They kind of f— it up for themselves and for each other.

With film noirs, there are those who see the femme fatales — like Barbara Stanwyck in "Double Indemnity" — not as villains but as empowering. Even today, you come across female characters in a script, and someone will say to you, "This is a really strong character! She's a badass!" Every

time I hear that I say, "Oh, go away." [Laughs] Some of these strong female characters, they're actually not that strong. It's someone else's idea of strength. It's just like, "We're gonna give her a gun and she's going to be wearing these kinds of outfits." In the theater you come across a lot more female characters who are fully fleshed out.

Frank and Lola are crippled by what they've done before they met.

Everything in your past defines you, whether you like it or not. So when you meet someone and fall in love, there's a strange guilt. You see Frank act out in strange ways because of that. You see Lola make bad choices. It's really about two people who are so self-destructive they can't make it work. When it comes to love, there's going to be some mad-

ness. Love and sanity, they just don't work. [Laughs]

This movie really captures that feeling of

being in a new relationship: At first it's exciting, then you start to wonder, "Who is this person I'm with?" And that doubt can make you irrational. Yeah! And maybe you become someone you don't like anymore. If there's one single guarantee in life, it's experience. That's something you get to see with this film: Here are two people who had an idea of how it might work, and it really didn't. You don't know who to believe, who to respect. So, yeah, it's a real rom-com — just a treat for Christmas. [Laughs] My mother was asking me, "What's it about?" And I was like, "Oh, it's just lovely. Just a lovely, lovely film."



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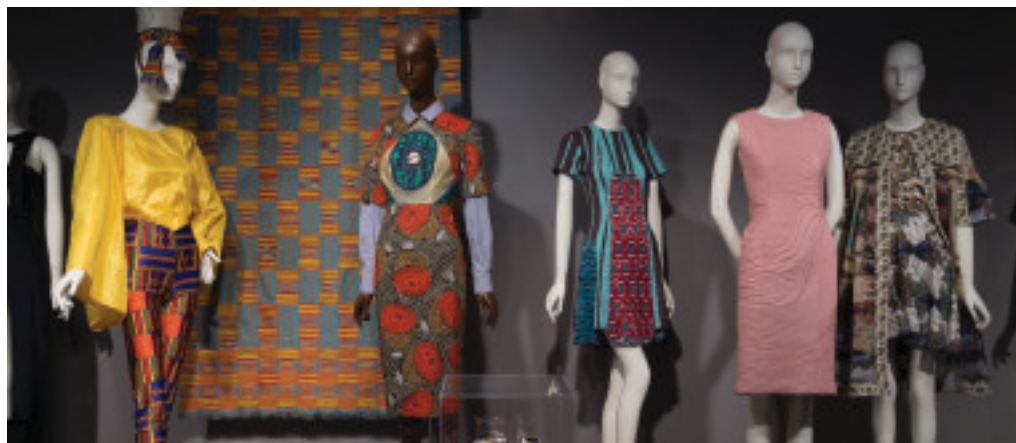
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The power of black design



"We wanted to have this show because so many black designers have been left out of the history of fashion," says co-curator Elizabeth Way. **DARIO CALMESE**

A new FIT exhibition examines the work of influential black designers.



LAKSHMI GANDHI
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While designers like Ann Lowe, Willi Smith and Jon Weston dazzled fashionistas at the heights of their careers, their names and works are slowly being forgotten today. The Fashion Institute of Technology is putting them back in the spotlight with its latest exhibit, Black Fashion Designers.

"The story of American history is reflected in a microcosm in the fashion industry," says Elizabeth Way, who co-curated the exhibition. "We wanted to have a show that filled the gaps. There is not really one thread that connects all black designers — we wanted to showcase individuals."

Visitors will not only have the chance to examine the gowns and outfits beloved by everyone from first lady Michelle Obama to Beyonce, they will also discover how fashion was influenced by pop culture, the civil rights era and modern-day movements like Black Lives Matter.

Many designers, like Ann Lowe, were held back by discrimination. Lowe became known for her debutante gowns in Alabama; she went on to design future first lady Jacqueline Kennedy's 1953 wedding dress. "It wasn't until the 1970s that black designers were really celebrated by both the black press and the mainstream press. We see this era where blackness is really celebrated."

For this exhibit, some of the designers bristled at the idea of being grouped together just by virtue of their race. Others, like the Mississippi-born Patrick Kelly, embraced it. Kelly would use garments like overalls (then associated with Southern sharecroppers) to highlight the world he grew up in. "He was known for how he embraced black beauty and turned around things that were considered stereotypical or negative," explains Way.

Overall, the exhibition's curatorial team sought to embrace the chance put these designers in the spotlight once again. "We forget our history," she says. "We wanted to have this show because so many black designers have been left out of the history of fashion."

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The designs often incorporate social issues. **DARIO CALMESE**



Tracy Reese, Spring 2016 GEORGE CHINSEE

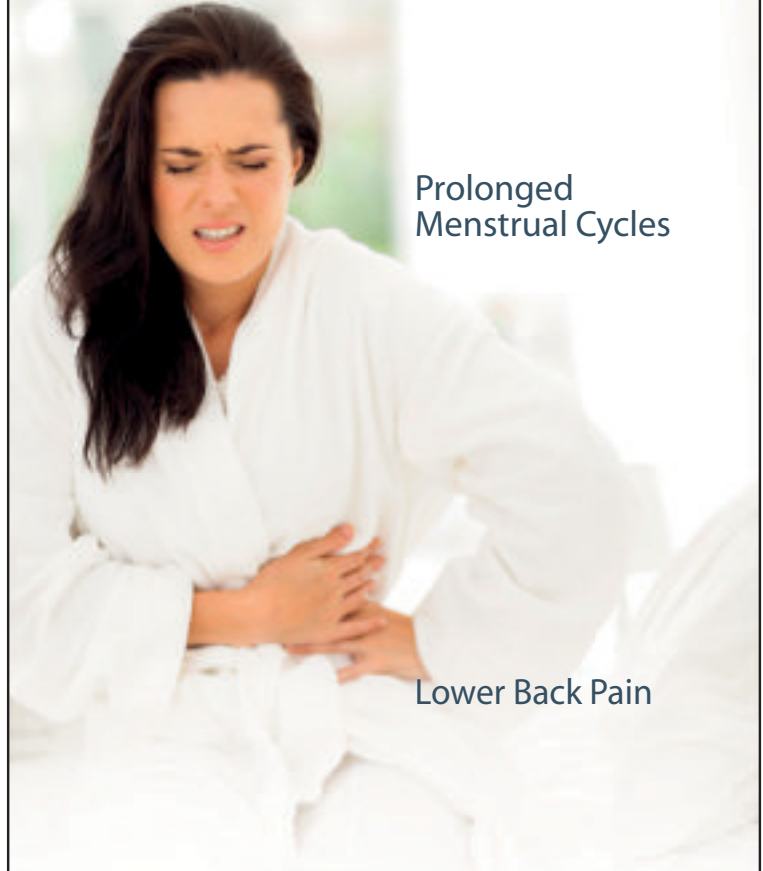


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"We wanted to have a show that filled the gaps" in American history, according to Way. DARIO CALMESE

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Inside Look: Urban farms, the must-have amenity



home



Hunter's Point South has a 2,300-square-foot organic garden. HUNTER'S POINT SOUTH

Access to fresh produce is bringing residents to these NYC buildings.

CRISTABELLE TUMOLA
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cristabelle.tumola@metro.us

Residents looking for more space to grow are taking the concept literally as buildings across New York City now offer access to fresh produce.

This food doesn't come from a fancy supermarket or co-op attached to the buildings, but are garden plots and farms available to residents as the latest amenities.

Here are three buildings, in three different boroughs, that are striving to change the urban landscape for their residents.

Hunter's Point South

Part of the residential complex on the Long Island City, Queens waterfront that includes affordable housing, the Hunter's Point South Living Urban Farm has

teamed up with non-profit GrowNYC to create its 2,300-square-foot organic garden. Located on the 13th-floor terrace of Hunter's Point South Commons, the garden features 13 planting beds and is irrigated by a storm water retention tank. Residents, from spring through fall, have access to the garden's seasonal vegetables, fruits, beans and herbs. They can also learn about beekeeping through the garden's apiary that houses approximately 20,000 honey bees.

550 Vanderbilt

The first of 14 residential buildings that will comprise the Pacific Park project near Brooklyn's Barclays Center, the condo features a 3,500-square-foot landscaped roof deck. The outdoor space not only has a grill, full kitchen and seating, but also individual garden plots for residents.

Urby Staten Island

One of the city's largest urban farms, Urby Staten Island measures 5,000 square feet and grows over 50 varieties of produce — including greens, summer vegetables, flowers, herbs and roots.

The farm is managed by a farmer-in-residence, with produce served through its test kitchen, and sold at a weekly farmer's market and in its bodega. Residents are also encouraged to come together through large picnic tables for shared dining and to grow their own veggies and herbs. Urby additionally features an apiary with 20 beehives on its roof.



Urby Staten Island
URBY STATEN ISLAND

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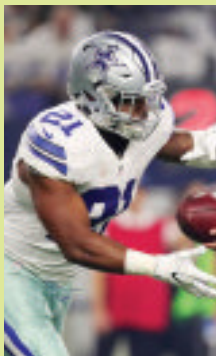
NFL power rankings | by Luke Miller

No. 1

Cowboys (11-1)



The Cowboys finished their tour of the NFC North 2-0. Winning in Green Bay and Minnesota is no easy task. Last week's game kicked off what will be four straight prime time contests. A win against the Giants this Sunday night would clinch the NFC East.



No. 4

Seahawks (8-3-1)



Speaking of dismal matchups, here we had the Sunday night game that included the reigning MVP starting off on the bench, one of the league's premiere safeties breaking his leg and publicly considering retirement, and yes, the 33-point dismantling of last year's Super Bowl runner-up.

No. 6

Broncos (8-4)



It's still unclear whether Trevor Siemian will be able to return this week, but if he doesn't Paxton Lynch will face a much stiffer test against the Titans. With the Colts and Texans playing each other and all three teams in the AFC South at 6-6, Tennessee will be desperate to stay in the race.

No. 8

Giants (8-4)



Rough loss to Pittsburgh, where the Giants trailed from start-to-finish, to have as a tune-up for their big game with Dallas. While they're still the only team to beat the Cowboys this season, even a home win this week would see the Giants two games behind Dallas with three games to play.

No. 10

Falcons (7-5)



They'll tenuously keep their spot above Tampa Bay here for now. They did beat the Bucs the last time the two played, and have the seemingly easier schedule the rest of the way. Count on this offense to be just fine against the Rams and 49ers the next two weeks.

No. 2

Patriots (10-2)



On Monday night the Patriots will have a chance to clinch the AFC East against the Ravens if the Dolphins have lost their earlier game. Either way, this game featuring two division leaders could foreshadow a playoff matchup we've seen give great games in recent years.

No. 3

Raiders (10-2)



Huge matchup this Thursday night as the Raiders look for revenge and a two-game cushion in the AFC West. Kansas City took the Raiders apart in October in Oakland, 26-10. Since that game, the Raiders are 6-0; the Chiefs are 6-1. The game will help decide who wins the NFL's best division.

No. 5

Chiefs (9-3)



In his career, Chiefs safety Eric Berry returned five of his 13 interceptions for touchdowns and, while he got one of those Sunday, it doesn't even encompass his most dramatic play: intercepting Matt Ryan's two-point attempt and returning it for the game winning two points.

No. 7

Lions (8-4)



Matthew Stafford will get (and deserves) plenty of accolades for Detroit's season, but take a look at what the Lions defense just did to New Orleans. No passing touchdowns for Drew Brees, three interceptions and just 13 points for a unit that put up 49 on the Rams the week prior.

No. 9

Ravens (7-5)



This is the week of prime time games that could save the NFL, and it couldn't come at a better time. We've just reached the lowest ranked team in our power rankings that will play a night game this week, and we're at No. 9. And a No. 9 that just played its best game of the season.

- 11 — Buccaneers (7-5)
- 12 — Steelers (7-5)
- 13 — Packers (6-6)
- 14 — Redskins (6-5-1)
- 15 — Colts (6-6)
- 16 — Vikings (6-5)
- 17 — Texans (6-6)
- 18 — Titans (6-6)
- 19 — Vikings (6-6)
- 20 — Bills (6-6)
- 21 — Cardinals (5-6-1)
- 22 — Chargers (5-7)
- 23 — Bengals (4-7-1)
- 24 — Eagles (5-7)
- 25 — Saints (5-7)
- 26 — Rams (4-8)



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Victor Cruz's production has been in a downward trend. GETTY IMAGES

It's far from smooth sailing for Giants' offense

Victor Cruz wasn't happy with the amount of times he was targeted Sunday against Pittsburgh.



KRISTIAN DYER
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One week after Eli Manning apologized to New York Giants teammate Sterling Shepard for not getting any targets in a game, Victor Cruz complained about not getting any catches in Sunday's loss at the Pittsburgh Steelers. It is a suddenly troubling trend for a team with legitimate playoff hopes that also has an equal number of concerns on offense.

The Giants offense mustered just two touchdowns on Sunday, both of which came in the second half of a bad, demoralizing loss to the Steelers. It was another weekend of offensive struggles for Big Blue, whose offense hasn't been terrible this year but is a far cry from what was supposed to be a prolific unit.

Giants head coach Ben McAdoo was asked about his three-receiver sets this week and how the ball isn't always getting in the hands of his playmakers.

"That's a good question. I'm sure you're referring to Victor's [Cruz] comments. When you have been as inconsistent as we have on offense, it's a challenge," McAdoo said. "Victor, like everybody else, including myself, wants to be a part of the solution, not a part of the problem. So my door is always open for any of these guys that want to

come in and have a conversation."

McAdoo noted that Cruz and fellow wideout Roger Lewis played a combined 49 snaps on Sunday "and we had one reception between the two of them." That the offense is so one-dimensional around Odell Beckham is an issue that the team must address.

The scary thing is that even though the offense has been hot and cold all season, the Giants, at 8-4, still have a shot at the playoffs. With a split of their final four games, they should be able to stake a claim to the wild card, but this offense and a suddenly banged-up defense means that any postseason trip might be a short stay before hitting the golf courses in early January.

"Right now we believe we have the players and the scheme to make a run at this thing," McAdoo said. "We know we need to get back to work, we need to get some pads on this week if that's the smart thing and the right thing to do based on the injury report and player health, we'll do that. We need to play good football on Sunday."

The Giants host the NFC East-leading Cowboys this coming Sunday night.

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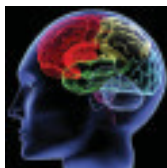
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for by the undersigned to sell Beer,
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Law at 289 E. 149th Street, Bronx,
NY, for on premises consumption.
Mexicocina Group Inc.

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that a license, Number Pending
for Beer, Wine & Liquor has been
applied for by the undersigned to
sell Beer, Wine & Liquor at retail in
a Restaurant under the Alcoholic
Beverage Control Law at 172-37
Hillside Ave, Jamaica, NY, for on
premises consumption. Raquel's
Restaurant NY Corp.

NOTICE IS HEREBY GIVEN
that a license, Number Pending for
Beer & Wine has been applied for
by the undersigned to sell Beer &
Wine at retail in a Restaurant under
the Alcoholic Beverage Control Law
at 35-38 Union Street, Flushing,
NY, for on premises consumption.
Go Hyang Restaurant Inc.

LEGAL NOTICES

MORTGAGE PREMISES: 310 W 115th Street, New York, NY 10026

Index No.: 156309/2014

Date Filed: 11/25/2015,

BL #: 1848 - 23 Plaintiff designates New York County as the place of trial based on
the location of the mortgaged premises in this action.

SUPREME COURT OF THE STATE OF NEW YORK: COUNTY OF NEW YORK

U.S. BANK NATIONAL ASSOCIATION, AS TRUSTEE FOR

GSAA HOME EQUITY TRUST 2006-9, ASSET-BACKED CERTIFICATES SERIES 2006-9,
Plaintiff, - against -

**Terry Grey a/k/a Terry D. Grey, 310 W 115th Street LLC,
A New York Limited Liability Co., U.S. Bank, N.A.,**

125 Maiden Equities, LLC Grake, LLC, New York City Parking Violations Bureau,
Mortgage Electronic Registration System, Inc., Indymac Bank, F.S.A.,
"JOHN DOE # 1" through "JOHN DOE #12," Defendants.

TO THE ABOVE NAMED DEFENDANTS: YOU ARE HEREBY SUMMONED to answer the
Complaint in this action and to serve a copy of your answer, or, if the Complaint is not served
with this SUMMONS, to serve a notice of appearance on the attorneys for the Plaintiff within
20 days after the service of this Summons, exclusive of the day of service (or within 30 days
after service is complete if this Summons is not personally delivered to you within the State
of New York). In case of your failure to appear or answer, judgment will be taken against
you by default for the relief demanded in the Complaint. NOTICE YOU ARE IN DANGER OF
LOSING YOUR HOME IF YOU DO NOT RESPOND TO THIS SUMMONS AND COMPLAINT BY
SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE MORTGAGE COMPANY WHO
FILED THIS FORECLOSURE PROCEEDING AGAINST YOU AND FILING THE ANSWER WITH THE
COURT, A DEFAULT JUDGMENT MAY BE ENTERED AND YOU CAN LOSE YOUR HOME. SPEAK
TO AN ATTORNEY OR GO TO THE COURT WHERE YOUR CASE IS PENDING FOR FURTHER
INFORMATION ON HOW TO ANSWER THE SUMMONS AND PROTECT YOUR PROPERTY. SENDING A PAYMENT TO YOUR MORTGAGE COMPANY WILL NOT STOP THIS FORECLOSURE
ACTION. YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY
FOR THE PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE COURT. THE
OBJECT of the above captioned action is to foreclose a Mortgage to secure \$1,000,000.00
and interest, recorded in the Office of the Clerk of NEW YORK on March 7, 2006, in CRF
number 20060000128398, covering premises known as 310 W 115 Street, New York,
NY 10026-BL #1848-23. The relief sought in the within action is a final judgment directing
the sale of the premises described above. The Plaintiff also seeks a deficiency judgment
against the Defendant and for any debt secured by said Mortgage which is not satisfied by
the proceeds of the sale of said premises.

TO THE Defendant Terry Grey, a/k/a Terry D. Grey, the foregoing Supplemental Summons
with notice is served upon you by publication pursuant to an Order of the Hon. Gerald
Lebovits, JSC of the Supreme Court of the State of New York, County of New York, dated
November 9, 2016.

Dated: New York, New York, November 16, 2016

Houser & Allison, APC, Danielle P. Light, Esq.

60 E. 42nd Street, Suite 1148, New York, New York

Tel: (212) 490-3333, Fax: 212-490-3332

Counsel for U.S. Bank, as Trustee

KinetoRehab Physical Therapy, PLLC

An unencrypted laptop computer, password protected, was stolen from
KinetoRehab Physical Therapy located at 3201 Grand Concourse, Suite 1A,
Bronx, New York, 10468 on September 16, 2016. The PHI stored on the
laptop included patient's names, addresses, dates of birth, social security
information, insurance information, and diagnostic and clinical physical
therapy notes. A report with the New York City police department was
immediately filed. Additionally, notification letters have been sent to all
affected individuals. Subsequent to the September 16, 2016 event,
encryption software has been installed on computer devices affiliated with
the physical therapy practice. Any patient requiring additional information
should contact; KinetoRehab Physical Therapy, PLLC at
917-640-7706.

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Law at 167 Grand Street, Brooklyn,
NY, for on premises consumption.
Dim Sum Bar Inc.

NOTICE IS HEREBY GIVEN

that a license, Number Pending for
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by the undersigned to sell Beer &
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the Alcoholic Beverage Control Law at
35-32 Union Street, Flushing, NY, for
on premises consumption. Hong Bin
Restaurant Inc.

NOTICE IS HEREBY GIVEN

that a license, Number Pending for
Beer & Wine has been applied for
by the undersigned to sell Beer &
Wine at retail in a Restaurant under the Alcoholic
Beverage Control Law at 321 W.
Ave., Flushing, NY, for on premises
consumption. Blue Storm Corp.

NOTICE IS HEREBY GIVEN

that a license, Number Pending for
Beer & Wine has been applied for
by the undersigned to sell Beer &
Wine at retail in a Restaurant under the Alcoholic
Beverage Control Law at 321 W.
42nd Street, New York, NY, for
on premises consumption. ERA
Holding Corp.

NOTICE IS HEREBY GIVEN

that a license, Number Pending
for Beer & Wine has been applied
for by the undersigned to sell
Beer & Wine at retail in a Restaurant
under the Alcoholic Beverage
Control Law at 40-15 150th Street,
Flushing, NY, for on premises
consumption. Music Box KTV Inc.

NOTICE IS HEREBY GIVEN

that a license, Number Pending for
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Wine at retail in a Restaurant under the
Alcoholic Beverage Control Law at
67-14 Fresh Pond Rd., Ridgewood,
NY, for on premises consumption.
ETNO Restaurant Inc.

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for by the undersigned to sell
Beer & Wine at retail in a Restaurant
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Control Law at 1890
Eastchester Rd., Bronx, NY,
for on premises consumption.
Thai Wattana Corp.

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LEGAL NOTICES

NOTICE OF SALE

SUPREME COURT: QUEENS
COUNTY. GREEN TREE
SERVICING LLC, Pltf.
vs. INGRID BIRCH A/K/A
INGRID DEBAPTISTE-
BIRCH A/K/A INGRID DE
BAPTISTE-BIRCH, et al,
Defts. Index #708339/14.
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of foreclosure and sale
dated, Oct. 14, 2016
I will sell at auction in
Courtroom #25 of the
Queens County Supreme
Court 88-11 Sutphin
Blvd., Jamaica, NY on
December 16, 2016 at
10:00 a.m. prem. k/a
225-34 Murdock Avenue,
Queens Village, NY. Said
property located at a
point on the Southerly
side of Murdock Avenue,
distant 281.6 ft. Easterly
from the corner formed
by the intersection of
the Southerly side of
Murdock Avenue with
the Easterly side of 225th
Street; being a plot 100
ft. x 18 ft. Approx. amt of
judgment is \$341,219.92
plus costs and interest.
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and conditions of filed
judgment and terms
of sale. MICHAEL H.
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10 Lacking forethought
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16 Cookie Bumstead's neighbor
17 Slot site
18 Close relative
19 Ta-ta in Turin
20 Car feature (2 wds.)
23 Mimics rudely
26 Even one
27 Bounces
28 Finds a job for
29 Navajo handiwork
30 DDE's party
31 Folk-song mule
32 Fishing lure
33 More cowlike?
37 Tina Turner's ex
38 Oh, gross!
39 Mi. above sea level
40 Bikini half
41 Kitchen fixture
43 S&L offerings
44 Ice melter
45 Zilch
46 -- relief
47 Visored cap
48 Nightspot
51 Completely

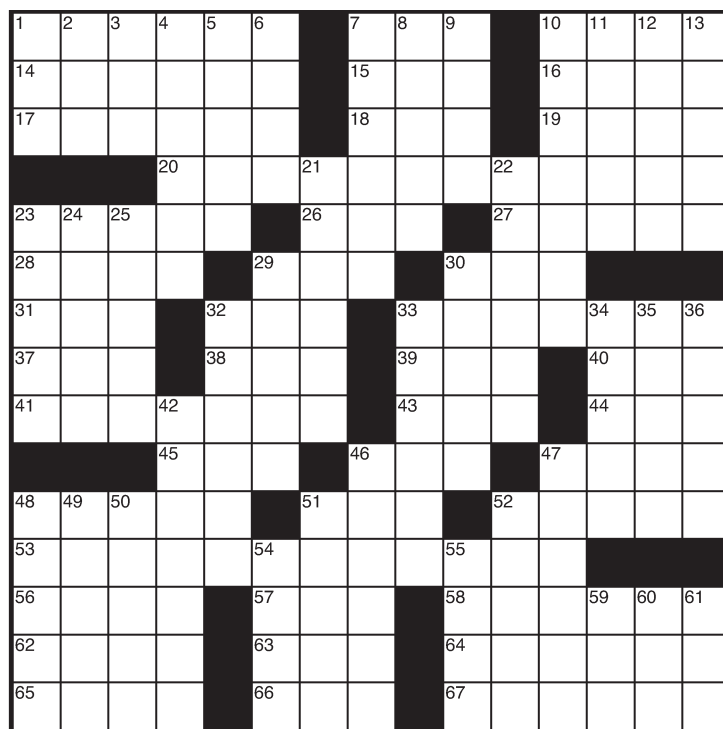
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53 Among the stars
56 Dow uptick
57 Fido's shaker
58 Cochise, e.g.
62 Quaint lodgings
63 Meyers of "Kate & Allie"
64 Lustrous fabric
65 Chapeau's place
66 Max opposite
67 Lies dormant

Down

- 1 Laird's prefix
2 Ms. Hagen of film
3 Dawn goddess
4 Nasty smiles
5 "Peanuts" kid

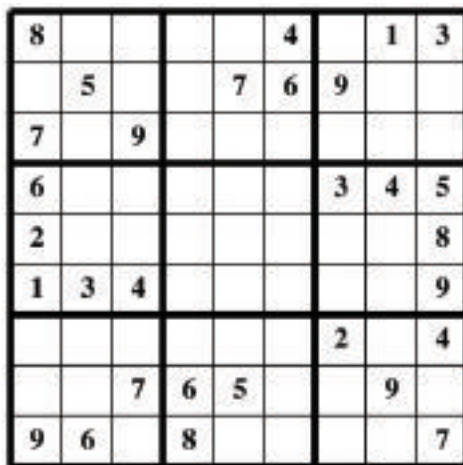
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24 Port near Kyoto
25 "People" person
29 Orion's left foot
30 Fall colors
32 Minor partner
33 Bogart spouse
34 "Peer Gynt" dramatist
35 Throw lava
36 Sari sporters
42 Fragrant stick
46 Showed up (2 wds.)
47 Kind of chop
48 Sudoku fill-in
49 Lacking sense or significance
50 Tour of duty
51 Video-game pioneer
52 Of the Vatican
54 Meat in a can
55 Fraulein, to a laird
59 Mediocre grade
60 Like cool cats
61 USN rank

metro.us/crossword

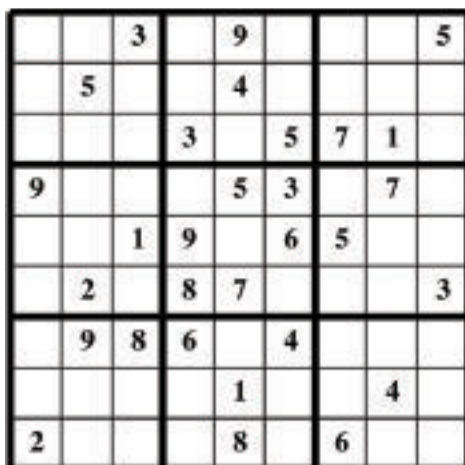


metro.us/sudoku

easy



hard



metro.us/horoscopes



Aries A business trip or learning experience will bring you that much closer to making an important decision. Don't be misled by what others do.



Taurus Speak up and get to the bottom of any setback that arises. A misunderstanding can cause financial problems if you aren't up front about hidden costs.



Gemini Turn on the charm and spread joy. Stick to your goals and aim to finish what you start. Keep your promises and plan something special with a loved one.



Cancer Your imagination will kick in, helping you come up with solutions to all your problems. Listen to your intuition and move forward with confidence.



Leo It's time to get out and get serious. Mingle with people in a position to help you advance. Discussing your vision and considering certain partnerships will pay off.



Virgo Think matters through before taking action. You can bring about positive change, as long as you do so using a comprehensive plan.



Libra Don't give in to someone just because you cannot make up your mind. Take a stance and put your plans in motion. A physical challenge will help you.



Scorpio Look for a new and exciting hobby. Exploring new avenues will open doors to friendships and the acquisition of life skills that will help you advance.



Sagittarius It's a good day to stick close to home. You'll face delays if traveling and problems getting your point across if you discuss your personal concerns.



Capricorn You may be missing some vital information. Before you decide to make a move, revisit all the pros and cons and get your facts in order. Trust your intuition.



Aquarius Harness what you have to offer and make a point to finish what you start. It's what you master and complete that will make a difference at the end of the day.



Pisces Remain intent on turning your ideas into a finished project. When someone tugs at your emotions, press on and ignore such manipulation with dignity. EUGENIA LAST

Yesterday's answers



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Bill de Blasio
Mayor
Mary T. Bassett, MD, MPH
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